

## Saskatchewan Index of Wellbeing Report Release

In a report released Thursday, October 10<sup>th</sup>, the Saskatchewan Index of Wellbeing (SIW) provides a high-level view of how Saskatchewan is really doing, exploring strengths and challenges within 8 inter-connected domains. The Report aims to spark new questions, foster serious conversations, and prompt new collaborations.

The Saskatchewan Index of Wellbeing (SIW) report 'How are Residents of Saskatchewan Really Doing? A Report by the Canadian Index of Wellbeing' is based on the Canadian Index of Wellbeing (CIW). This national resource measures progress over time in 8 nationally identified domains of life that affect the wellbeing of Canadians and, provides trends for each domain, and compares the results or compares those trends to the Gross Domestic Product (GDP). The SIW utilizes the same domains and indicators, with Saskatchewan-specific data, to provide a comparable portrait for the province. This data, when combined with the GDP, provides a more comprehensive picture of wellbeing in Saskatchewan. The goal for the Index is to provide evidence to inform policymaking, encourage community engagement, and lead to implementation of multi-sectoral approaches to addressing community priorities and issues.

"We hope that the SIW Report will encourage multi-sectoral, solution-oriented conversations and actions to address the gaps and lagging trend lines at an organizational, local, regional and provincial levels," highlighted Ingrid Cazakoff, CEO of Heritage Saskatchewan Alliance Inc.

"This Saskatchewan Report is intended to be shared with others, including those involved in programming, policy and decision making at all levels," shared Tracey Mann, Executive Director of the Community Initiatives Fund. "This is a starting point for conversations and action, as we collectively work towards improving the quality of life for all Saskatchewan residents."

As two organizations with mandates committed to improving wellbeing for Saskatchewan residents, Heritage Saskatchewan Alliance Inc. and the Community Initiatives Fund have partnered to release this Canadian Index of Wellbeing Saskatchewan Report. The production of this first Saskatchewan Report, would not have been possible without the committed research team at the Canadian Index of Wellbeing, University of Waterloo. Their work has provided us with evidence-based information that complement economic indicators, in telling a more complete story of our province.

**VIEW THE REPORT** 



