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FOR IMMEDIATE RELEASE

In our latest blog post, Heritage Saskatchewan’s Director of Living Heritage, Kristin Catherwood, taps into the recent trend of breadmaking. She explores what bread reveals about us, and the weight it bears as a culturally significant item.

Catherwood, an experienced folklorist, explains how under extreme circumstances, our relationship to everyday objects like bread inform our understanding of ourselves, and our belonging to place. She writes, “Delving into the significance of what is often taken for granted reveals the richness inherent in all communities’ living heritage.”

For the full post, visit the link: <https://heritagesask.ca/news/blog/the-stuff-of-life-the-living-heritage-of-bread-in-a-time-of-change>

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Heritage Saskatchewan is a non-profit organization that lends voice to Living Heritage; and is dedicated to research, community resilience, and leadership.

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